



GOVERNMENT OF INDIA
CIVIL AVIATION DEPARTMENT
DIRECTOR GENERAL OF CIVIL AVIATION

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Subject: General Instructions for Conduct of Class I Medical Examination

DGCA has empanelled 20 Air Force Medical Centres, 02 Civil Medical Centres and Class I Medical Examiners for conduct of Class I Medical Licence Examination. The aircrew including FATA undergo Initial/ Renewal/ Special/ Review after TU/ Appeal Medical Examinations. This circular specifies the general guidelines and other instructions for undergoing the medical examination.

1. Aircrew should be 17 yrs and above for undergoing Class-I Initial Medical Examination.
2. Aircrew should report to medical centre as per the timings given below:
 - (a) 10.00 am for medical examination at Air Force Station, Palam.
 - (b) 07.30 am for medical examination at all other centres.
 - (c) For medical examination by Class I Medical Examiner, report as per appointment date & time.
 - (d) The **Class-I Renewal medical** is usually done **within one day**. The **Class-I Initial Medical** may take **up to 3 days**. Candidates/ aircrew need to make their own travel/ accommodation arrangements.
 - (e) The Aircrew should report empty stomach and after getting Ears cleaned of wax.
3. Aircrew need to carry the following:-
 - (a) Copy of the last Medical Assessment & CA-35.
 - (b) Two passport size photographs and photo id (preferably flying license)

- (c) If using spectacles, carry spectacles and a copy of prescription of spectacles.
- (d) NOC for delayed/ early/ special medical issued by DGCA, if required.
- (e) Any specialist opinion/ report/ certificate/ opinion that was asked for in the previous medical examination(s).
- (f) Investigation reports in original as mentioned at Para No-05.
- (g) The Aircrew need to carry 02 copies of CA form 34 & 35 in case of Initial/ Re-initial medical examination and for other medical examinations (Renewal/ Review after TU/ Special) CA form 34A & 35.
- (h) Receipt of online deposit of DGCA Medical Licensing Fee (as applicable) in two copies. Kindly use <https://bharatkosh.gov.in> portal for depositing fee. User guide is available at link <https://bharatkosh.gov.in/static/Userguide.aspx>.

4. Additional requirements for Serving/FATA Aircrew:

- (a) Serving officers of Indian Army/ Indian Navy / IAF/ Coast Guard are required to bring:
 - (i) NOC from competent authority & AFMSF-1 (Unit copy) for Class-I Initial Medical.
 - (ii) Current Medical Category certificate from AMA/ SMO of parent unit for all medical examinations.
 - (iii) Self-attested copy of Class X certificate.
- (b) In case aircrew is not an Indian national, kindly apply for security clearance (MoD) through Medical Section at DGCA. Aircrew also need to carry their passport (with visa).

5. List of investigations to be carried out for Class-I Medical Examination is appended below. However, based on history/ clinical examination, any other investigation/ opinion/ report may be requested by the IAF centre/Medical Examiner to come to a conclusion about medical fitness. Additional amount will be charged for investigations done at Air Force Medical Centres.

Sl No	Occasion for Medical	Investigations to be carried out
1.	Initial Medical	Blood Hb%, TLC, DLC Blood Sugar F & PP HbA1C LFT Blood Urea & Serum Creatinine Serum Uric Acid Lipid Profile Urine RE/ME ECG (R) X-Ray Chest PA View Pure Tone Audiometry USG Abdomen & Pelvis Dilated Fundus Examination If BMI > 30, Blood Sugar F & 2 hrs after 75 gm glucose
2.	At 25 yrs	Blood Hb%, TLC, DLC Urine RE/ME USG Abdomen & Pelvis PTA ECG (R)
3.	At every yearly renewal (before 30 yrs)	Blood Hb%, TLC, DLC Urine RE/ME
4.	At 30 yrs	Blood Hb%, TLC, DLC Urine RE/ME USG Abdomen & Pelvis PTA ECG (R)
5.	At every yearly renewal (30-39 yrs)	Blood Hb%, TLC, DLC Urine RE/ME ECG (R)
6.	At 35,40,45,50,55 yrs	Blood Hb%, TLC, DLC Urine RE/ME Blood Sugar F & PP* HbA1C LFT Blood Urea & S. Creatinine Lipid Profile Serum Uric Acid USG Abdomen & Pelvis PTA Stress Test: (a) Treadmill Stress Test (maximal computerized with online monitoring and 12 lead display) (b) Investigations for aircrew of post CABG/PTCA/MI cases upto 60 yrs of age will be done as per CAR-12/2017 (revised/updated from time to time)
7.	At every yearly renewal (40-59 yrs)	Blood Hb%, TLC, DLC Urine RE/ME ECG (R) PTA every alternate year
8.	At 60 yrs	Blood Hb%, TLC, DLC Urine RE/ME

		Blood Sugar F & PP HbA1C LFT Blood Urea & S. Creatinine Serum Uric Acid S. PSA USG Abdomen & Pelvis PTA X-Ray Chest PA View 2D Echo Stress Test: (a) Treadmill Stress Test (maximal computerized with online monitoring and 12 lead display) (b) Investigations for aircrew of post CABG/PTCA/MI cases upto 60 yrs of age will be done as per CAR-12/2017 (revised/updated from time to time)
9.	At every 6 monthly medical (after completion of 60 yrs)	Blood Hb%, TLC, DLC Urine RE/ME ECG (R) PTA
10.	At 61 and 63 yrs	Blood Hb%, TLC, DLC Urine RE/ME Blood Sugar F & PP HbA1C Lipid Profile ECG (R) PTA TMT & 2D Echo of the heart for post CABG/PTCA/MI cases
11.	At 62 & 64 yrs	Blood Hb%, TLC, DLC Urine RE/ME Blood Sugar F & PP HbA1C Lipid Profile Blood Urea S. Creatinine Serum Uric Acid LFT S PSA USG Abdomen & Pelvis PTA TMT 2D Echo of Heart MPI Scan for post CABG/PTCA/MI cases (No TMT required)

** Cases of diagnosed IGT/ Pre Diabetes shall undergo Blood Sugar – F & 2 hrs after 75 g glucose & HbA1C*

Note:

(a) *All investigation reports need to be in original from **NABH certified hospital/ NABL certified laboratory or DGCA Empanelled Class I Air Force Medical Centres only** and signed by concerned specialist.*

(b) *The Validity of Routine Blood/Urine Examinations, Blood Biochemistry, ECG (R) and PTA is 01 month. Validity of USG/X-Ray, TMT, 2D Echo, CT scan, MRI, MPI scan & Coronary Angiography is 02 months.*

6. Appointment sought on furnishing false information shall summarily be cancelled on the day of appointment or on receiving the PMR file at centre.

7. For any further clarification, aircrew may contact DMS (CA), DGCA.

(JS Rawat)
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